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| Logo  Description automatically generated  CCT PFCE Framework Guide  Local Resources | Abstract  This guide is to assist Family Service Specialist with identifying local resources that align with the 7 focus areas of our PFCE Needs/Strength Assessment. Additional contact info for individual resources can be found in Child Plus Community Resource guide. |

1. [Family Well-being | ECLKC (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/school-readiness/article/family-well-being)

Families are safe and healthy. They also have opportunities for educational advancement and economic mobility. Programs also ensure families have access to physical and mental health services, housing and food assistance, and other support services.

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| Housing | * HUD Grants: First Time buyer, Down payment assistance. * TANF: Rental Assistance, Urgent need/motel * Community Action: Rental assistance, Homelessness grant (age 12-24), Urgent need. * Public works * LIHEAP: Energy repair * TANF IDA Program : Buying a home * Supportive Housing: Addiction recovery. OBHC Shove house, Oxford house Okanogan (men). |
| Safety | * Rural Program (Inch) * Domestic Violence Program * Support Center Resources and temporary housing * Tribal Health Suicide prevention * Tribal Police * CFS/CPS * Behavioral Health * Family |
| Physical Health | * Enrollment: Dr appts, financial Emergency need. * People for people transportation to dr/dental. * Local Clinics * Local Dentists * Medical Insurance: Dawn Ensminger * I. H. S. Application * Shelly Martinez, I.H.S. patient advocate * Austim Therapy Services * Bright Start * Moomaw hearing * Optometrists * Nutrition/WIC program |
| Mental Health: trauma, grief, depression, stress, child behavior, anxiety, abuse, emotional needs, eating, sleeping, energy, gambling issues, mood swings.. | * CCT Behavioral Health * OBHC Behavioral Health * Tribal Health * Alvina Marris: Clinical Psychologist * Mid Valley Medical Group, Leslie Hyte (also test for autism) |
| Substance Abuse : Alcohol/drug resource need for self or family member. | * Family Health Center Suboxone/narcon program * Family Health centers OB for pregnant mothers currently using. * CCT Chemical Dependency * AA/NA/ALONON meetings * OBHC Chemical Dependency program * Shove house * FYRE (up to age 24) |
| Transportation | * IDA program * TANF Program * Employment and Training * Voc Rehab * People for People (transportation, public transportation, gas vouchers) * Tribal Health? |
| Financial Security | * IDA Program through TANF * IDA Program through NNDF * Financial Classes * Work Source * Voc Rehab * TANF * Employment and training * TERO * Job search engines: CCT, USA Jobs, WA employment * Large local employers: CCT, Casinos, Walmart, home depot, etc. |

1. [Positive Parent-Child Relationships (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/rtp-parent-child-relationships.pdf)

When parents have warm, trusting, and reliable relationships with peers, family, community members, and service providers, they are more likely to have positive relationships with their children. To work toward the Positive Parent-Child Relationships Outcome, providers and programs can: • provide emotional and concrete support to parents, • respect diverse parenting styles, • value cultural differences and home languages, • reinforce the importance of fathers and other co- parents, • help parents connect with other parents and community members and resources, and • model warm, responsive relationships by engaging in these relationships with parents and other family members.

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| Nurturing relationships | * Dads Move * Rural Home visiting * CCT Behavioral Health * Ready Rosie * Social/Emotional Second steps resources * Mindfulness tools |
| Child development/parenting skills | * CCT BH Parenting Classes: Alvina Marris * Love and Logic Parenting Classes OBHC * Dad’s Work Parenting Classes PSIS * Positive Indian Parenting Classes, WSU Extension/PSIS |
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1. [Families as Lifelong Educators | ECLKC (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/school-readiness/article/families-lifelong-educators)

Parents and families observe, guide, promote, and participate in the everyday learning of their children at home, school, and in their communities.

[Best Practices in Family and Community Engagement Video Series. Engaging Fathers Facilitator’s Guide (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/sites/default/files/pdf/engaging-fathers-facilitator-guide.pdf)

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| Family Education at home | * Dad’s Move * Ready Rosie * TS Gold Hand outs * Second steps hand outs |
| School readiness | * Bright Start * Guide to Bed time and sleep time for school readiness * Applications for local school * Referral to LEA for IEP   [Preschool Reading: 10 Ways to Encourage Your Child | Understood - For learning and thinking differences](https://www.understood.org/en/school-learning/learning-at-home/encouraging-reading-writing/how-to-encourage-preschooler-to-read) |
| Promote Native language | * Language program * Books * Website resources * Language nest * Language conferences * WVC/PSIS/Hearts Gathered Language classes |
| Promoting English Language | * Learning Library referral * Local Libraries * Ready Rosie * TS Gold Resources * Books   [Family Engagement, Language, and Literacy Webinar Series | ECLKC (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/family-engagement/article/family-engagement-language-literacy-webinar-series) |
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1. [Families as Learners | ECLKC (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/school-readiness/article/families-learners)

Parents and families learn about their child's personality, development, and learning style. They also advance their own learning interests through education, training, and other experiences that support their parenting, careers, and life goals

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| Education, Training, Life Goals | * Wenatchee Valley College ECE Certificate, etc. * Employment and training * Voc Rehab * Higher Education * FAFSA * Work Source * TERO training * IDA * TANF Classes [About — Employment & Education (cct-ene.com)](https://www.cct-ene.com/tanf/) * Language program * Head start parent engagement activities: Digging, Dry meat, fishing, basket making, regalia making, language, etc. |
| Volunteering | * Volunteer application * Youth Development Program * Sports teams * Parent Committee Head start for LEA JOM/PTA meetings. * Policy Council * Canoe journey * Long house * Community Centers * Local Events |

1. [Family Engagement in Transitions | ECLKC (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/school-readiness/article/family-engagement-transitions)

Parents and families encourage and advocate for their child's learning and development as they transition to new learning environments within and between Early Head Start, Head Start, early childhood services, early elementary grades, and beyond.

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| Transitions | * JOM Advisory boards at LEA * Parent Advisory Boards at LEA * Parent Committee or Policy Council Head start * Transition meetings with Head Start or LEA * Applications for transitioning schools * Participate in Parent Teacher Conferences * Family Engagement activities * Parent meetings with teachers * Promote Attendance * Meeting teachers and staff at new schools. |

1. [Family Connection to Peers and Community | ECLKC (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/school-readiness/article/family-connection-peers-community)

Parents and families form connections with peers, mentors, and other community members in formal and informal social networks. These networks are supportive and educational. They honor and are inclusive of families' home languages and cultures. They also enhance families' social well-being and community life.

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| Family and Community | * Parent activity events by Head Start * Participate in sports activities: youth bball, soccer… * Community Center Events * Clubs * Gardening * Hunting/fishing * Exercise * Mentors/Elders/language program |
| Cultural Activities | * Parent activity events by head start: Drum making, regalia making, root digging, language, basket making, root feast, fishing, drying meat. * pow-wow, Winter/long house/etc ceremonies, canoe journey, sweat house, name giving, cleaning, drumming, signing, praying, family/community get together events. |

1. [Families as Advocates and Leaders | ECLKC (hhs.gov)](https://eclkc.ohs.acf.hhs.gov/school-readiness/article/families-advocates-leaders)

Parents and families advocate for their children and take on leadership roles in Head Start and Early Head Start. They participate in decision-making, policy development, and organizing activities in communities and states to improve children's safety, health, development, and learning experiences.

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| Leadership and Advocacy | * District meetings * Parent committee meetings * Policy Council meetings * LEA JOM Parent committee meetings * Dad’s Move * Run community events: Coach sports teams, Youth meetings, etc. |